

## March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Black Bean Tacos Mozarella Cheese Avocado Lettuce/Tomato/Corn Corn Tortillas Prunes	<b>2</b> Sauteed Salmon Sweet Potatoes WW Sprouted Bread Strawberries Grilled Carrots	<b>3</b>
<b>4</b>	<b>5</b> Navy Beans Carrots/Celery Beef Chunks Avocado Grapes WW Sprouted Bread	<b>6</b> Chicken Brown Rice Green/Red Bell Peppers Mangoes WW Sprouted Bread	<b>7</b> Ground Beef Brown Rice Spaghetti Pureed Tomato Grilled Corn Honeycrisp Applesauce WW Sprouted Bread	<b>8</b> Grilled Turkey Breast Sweet Potato Red Quinoa Strawberries WW Sprouted Bread	<b>9</b> Fish Sticks Corn Mandarin WW Sprouted Bread	<b>10</b>
<b>11</b>	<b>12</b> Garbanzos Stew Carrots/Celery Beef Chunks Raspberries WW Sprouted Bread	<b>13</b> Pork Chops Lemon/Onion/Garlic Carrots WW Sprouted Bread Blueberries	<b>14</b> Chicken Thighs Sweet Potato Strawberries Red Leaf Lettuce WW Sprouted Bread	<b>15</b> Beef Meatballs WW Spaghetti Pureed Tomato Basil Sliced Jazz Apples WW Sprouted Bread	<b>16</b> Grilled Mahi Mahi Mixed Vegetables Grapes WW Sprouted Bread	<b>17</b>
<b>18</b>	<b>19</b> Lentils Carrots/Celery Mild Spanish Sausage Strawberries WW Sprouted Bread	<b>20</b> Beef Stew White Potatoes Carrots/Celery/Onions Tomatoes Orange WW Sprouted Bread	<b>21</b> Pork Chunks Cous Cous Red Potatoes Mixed Vegetables Bananas WW Sprouted Bread	<b>22</b> Shredded Chicken Grilled Mushrooms Brown Rice Avocado Raspberries WW Sprouted Bread	<b>23</b> Sauteed Whitefish Grilled Red Potatoes WW Sprouted Bread Blueberries Cucumber Salad	<b>24</b>
<b>25</b>	<b>26</b> Black Eyed Peas Carrots Black Forest Ham Pears WW. Sprouted Bread	<b>27</b> Turkey Chili Corn/Onion/Garlic Kidney Beans Pineapple WW Sprouted Bread	<b>28</b> Chicken Noodle Soup White Potatoes Carrots/Celery/Onion Lemon Apricot WW Sprouted Bread	<b>29</b> Beef Steak BrownRice Steamed Spinach Plantains WW Sprouted Bread	<b>30</b> Baked Salmon Steamed Spinach Banana WW Sprouted Bread	<b>31</b>